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Abstract

The dressing aid (10) for putting on an article of clothing having at least one opening comprises the following
5 components:
(a) a mounting portion (17a, 17b) for at least partially slipping on the article of clothing,
(b) an expanding mechanism (11a, 11b, 14) for expanding the mounting portion, thereby widening the opening of the
10 mounted article of clothing, and
(c) locking means (24, 25) which prevent the contraction of the mounting portion while the article of clothing is mounted. A dressing aid (90) for taking off an article of clothing and a set comprising a dressing aid (10) for putting on and an aid (90) for taking off a clothing are
15 disclosed.

20 (Figure 2)